

**Niagara Falls High School**  
**“Brag Sheet” for College/Career Recommendation**

**Name:** \_\_\_\_\_

We believe you should have a certain amount of input in the letters of recommendation we write for colleges and employers on your behalf. Therefore, we are asking for your perception of your educational and personal growth.

Please answer the following questions:

1) Are there any factors related to your grades that you would like colleges/employers to be made aware of?

2) Are there any factors about admission test scores that you would like to address?

3) Are there any circumstances in your life that might have had a negative impact on your academic performance?

4) What accomplishments are you most proud of? (Academic and Personal)

5) List five adjectives that describe something about you as a person.

1: _____	4: _____
2: _____	5: _____
3: _____	

6) What extracurricular activity(s) have been most meaningful to you and why?

7) What job experience has been especially meaningful to you and why? (Volunteer work counts too!)

8) Please list your interests and hobbies below:

